



Committed to serve

LinkAge

(R.O.) New No.90, Rama Naicken Street, Nungambakkam, Chennai 600 034.

**A Monthly Journal for Service and Advocacy
to all Age Groups, by Senior Citizens Bureau**



Bestow unconditional love

VOLUME : 10

MAY : 2014

ISSUE : 11

“MAY DAY” GREETINGS AND BEST WISHES

The next get-together meeting of SCB will be held in June 2014. Please watch “LinkAge”, June 2014 issue. Consequently there will be no meeting in May 2014. ❖

Senior Citizens Bureau had its monthly meeting at 10.30 a.m. on 27.04.2014 at Kauvery Hospital, Alwarpet, Chennai. Dr. Preetikaa Chari, MD, DM, a renowned Consultant Neurologist and Neuro Surgeon made a valuable presentation on Dementia. EC meeting of SCB followed immediately. Unaudited A/c Statements, nomination to the vacancies and forthcoming events were approved after discussion. Please watch for detailed report in June 2014 issue of “LinkAge”. ❖

FOSWL India, Chennai Anna Nagar, invites you for its monthly meeting at 5 pm, on Sunday, 25-05-2014, at Sundaram Medical Foundation (SMF) Hospital, Shanthi Colony, Anna Nagar (W), Chennai - 40. Capt. Dr. M. Singaraja, SM, C.Eng. will speak on the topic, “Democracy - Anarchy - Monarchy”, for details Ph : Dr. Sarma, 99413 28377, 9380 52122. ❖

Dr. S. David Vijay Kumar, MPT (Geriatrics), PGD (Gerontology), Consultant Physiotherapist has opened a “Fall Clinic & Elder Care Physiotherapy Centre” at 38/1, Kodambakkam High Road, Near Valluvar Kottam, Chennai - 34. Ph : 98841 30430, (044) 65653335. It was inaugurated by Padmasri Dr. V.S. Natarajan on 20.04.2014. ❖

NASCAI celebrated its Book launch function at IOA Auditorium, Chennai, recently. Many distinguished guests participated. ❖

The 5th Asia Pacific Alliance (APA). U3A (University of 3rd Age) Conference - 2014 will be held on October 18 & 19, 2014 at Kathmandu, Nepal. The conference is organized by U3A Council of 3rd Age in Nepal, together with RIDA (Research Input and Development Action) International. Rs.3,500/- is payable to RIDA immediately for Registration with

shared accommodation. It will cover standard accommodation in the Conference location, **Mirage Lords Inn**, 310, Battisputali Road, Kathmandu for 2 nights with breakfast, lunch, tea/snacks and kit. Charges for special local sight seeing on 20th and travel up and down from India are extra. No visa is required but pass port is a must. You can visit, <<http://u3aindia.org>, patrika/may2014, html<<http://u3a-asiapacificalliance.org>>, for details. ❖

Prof Er. R.N. Kapoor, former VC and Founder of U3A India is no more. He relentlessly worked for its growth and organised the 2nd APA - U3A World Conference in India. We pay homage and express our heartfelt condolence to the bereaved family. ❖

Mr. S.R. Satakopan, LM - 598, IARS (Retd.) is celebrating his 91st birthday and 1st anniversary of his dear spouse on 18.05.2014, a rare coincidence of both. He is a well wisher and staunch supporter of SCB. He leaves for US on 05.06.14 on a visit to his daughter and her family. Wishing all the best. God bless him and his family. ❖

Mr. C. Balasubramanian, LM-111, Anna Nagar (E), Chennai has attained 100 years of age on April 27, 2014. Our special greetings and best wishes, to the Centenarian. God bless him. ❖

Salute to Maj. Mukund Varadarajan, of 44 Rastriya Rifles, who laid down his life along with a Jawan in fighting the terrorists at Suphian, J & K. He passed out of OTA, Chennai in March 2006 from SS-81, Jessami Coy & held brilliant career. Our Chairman Capt. Dr. M. Singaraja, alumini, OTA SS-2, Chennai, joins 491 supporters to petition President, PM, Political parties to look after the martyr's young widow and 2 year old daughter to live with honour & dignity, through E-mail, initiated by Narindra Bhatia, Noida, India, thru charges.org ❖

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Birthdays : May

Wishing you a Cheerful, Peaceful and Prosperous Life

Sl. No.	D.O.B	Memb No.	Name
1.	01-05-1931	JSL 292	Thiru T.P. Sinha
2.	01-05-1943	LM 664	Tmt. L. Lalitha
3.	02-05-1948	LM 773	Thiru G.S. Raghupathi
4.	03-05-1935	LM 498	Dr. S. Sundara Velayutham
5.	05-05-1944	LM 487	Dr. S. Venkataswamy
6.	07-05-1936	LM 139	Thiru S. Narasimhalu
7.	07-05-1937	LM 370	Thiru S. Esakkimuthu
8.	09-05-1934	LM 602	Tmt. R. Sundaribai
9.	09-05-1950	LM 678	Thiru K. Ramakrishnan
10.	10-05-1938	LM 514	Dr. P.N. Padmanabhan
11.	10-05-1939	LM 463	Dr. Vimala Rajappa
12.	12-05-1924	LM 367	Cdr. S.V. Iyyer
13.	12-05-1939	AM 319	Thiru P. Appa Rao
14.	14-05-1947	LM 749	Thiru D. Ponnu Duraisamy
15.	15-05-1924	LM 16	Dr. Kamatchi Sundaram
16.	15-05-1947	LM 523	Dr. D. Deenadayalan
17.	15-05-1937	LM 228	Rtn. PDG. A.R. Ramakrishna Raja
18.	16-05-1925	LM 133	Miss M.N. Chandrakantham
19.	17-05-1933	LM 109	Thiru M. Sadasivam
20.	18-05-1923	LM 598	Thiru S.R. Satakopan
21.	18-05-1926	LM 114	Thiru G. Rengasamy
22.	18-05-1946	LM 418	Thiru A.G. Arumugham
23.	19-05-1938	LM 419	Er. R. Madavan
24.	19-05-1943	LM 795	Tmt. N. Krishnaveni
25.	23-05-1938	LM 457	Thiru K. Srinivasamoorthy
26.	24-05-1924	LM 080	Thiru T.J. Xavier Pillai
27.	24-05-1951	LM 798	Tmt. S. Seethalakshmi
28.	26-05-1921	LM 594	Thiru B. Nagarajan
29.	27-05-1941	LM 20	Dr. H. Ramasubramanian
30.	28-05-1930	LM 745	Thiru A.G.S. Maniam
31.	30-05-1927	LM 006	Thiru N. Subramanian
32.	31-05-1947	LM 676	Er. P. Panneerselvam

Your liberal contribution to Sunshine Fund is solicited

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LinkAge

C/o. SENIOR CITIZENS BUREAU

No.90, Rama Street, Nungambakkam,
Chennai - 600 034. Ph : 044 - 2823 1388

Welcome to Our Family Fold**I NEW MEMBERS**

1.	Thiru P.M. Rangasami	LM	860
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Acknowledgment

Thanks a lot & God Bless You

I. Sunshine Fund

1	Thiru SP. Ambrose, IAS (Retd.)	LM : 14	₹ 2,500/-
2	Thiru S.R. Satakopan, IARS (Retd.)	LM : 598	₹ 1,500/-
3	Thiru A.G. Arumugam	LM : 418	₹ 300/-

**Note : AM/LM = Annual / Life Member JSL = Journal Subscriber Life
PM/DM/HM = Patron/Donor/Honorary Member**

National / International Days May

01-05	International Labour Day	(I)
02-05	Mothers Day	(I)
03-05	World Press Freedom day	(I)
04-05	World Red Cross Day	(I)
07-05	World Laughter Day	(I)
08-05	World Migratory Birds Day	(I)
08-05	International Thalassemia Day	(I)
11-05	National Technological Day	(N)
13-05	International Nurse Day	(I)
15-05	International Family Day	(I)
17-05	World Telecommunication Day	(I)
21-05	Anti-Terrorism Day	(N)
23-05	World Bio-diversity	(I)
24-05	Common Wealth Day	(I)
27-05	Death Anniversary of Jawaharlal Nehru	(N)
31-05	World Anti-Tobacco (and No-Smoking)	(I)

Note : N = National I = International

Addition

LM : 860 Ph : 98846 47313 DOB :

Thiru P.M. Rangasami, IES (Retd.)

M.4, Rail Nagar, Koyambedu, Chennai - 600 107.

Deletion

AM : 530

Thiru K.G. Poornachandriah, Chennai - 600 003.

To